

# The Complete All-Inclusive Resort Guide

## Chapter 11: Excursions & Adventures

While many guests are perfectly happy relaxing at the resort, exploring beyond the property can add unforgettable memories to your vacation. Whether you're seeking adventure, culture, or breathtaking scenery, there are excursions for every interest and activity level.

Excursion	Why You'll Love It
■ Snorkeling & Scuba	Discover coral reefs, colorful fish, and crystal-clear water.
■ Catamaran Cruises	Enjoy sailing, snorkeling, sunsets, and tropical drinks.
■ Rainforest & Waterfalls	Hike lush trails, swim beneath waterfalls, and enjoy nature.
■■ Cultural & Historic Tours	Visit ruins, museums, local villages, and historic landmarks.
■ ATV & Adventure Tours	Experience jungles, beaches, and scenic countryside.
■ Food & Beverage Tours	Sample chocolate, coffee, rum, tequila, or local cuisine.

### Choosing the Right Excursion

Think about your interests, physical activity level, and how much time you want away from the resort. Some excursions last only a few hours, while others are full-day adventures.

### Safety Tips

Book through reputable providers, follow your guide's instructions, wear appropriate clothing and footwear, stay hydrated, and don't forget reef-safe sunscreen where recommended.

**Aimee's Resort Tip:** You don't have to fill every day with excursions. I often recommend one or two memorable adventures and then leaving plenty of time to simply enjoy your beautiful resort.

**Coming Up:** Chapter 12 shares a complete packing guide so you'll arrive prepared for both relaxation and adventure.