

The Complete All-Inclusive Resort Guide

Chapter 4: Adults-Only vs. Family-Friendly Resorts

One of the most important decisions you'll make is choosing the atmosphere you want. Some resorts are designed for romance and relaxation, while others are built around family fun and activities for every age. Neither is better—the right choice depends on the vacation you're hoping to have.

Feature	Adults-Only Resorts	Family-Friendly Resorts
Atmosphere	Quiet, romantic, relaxing	Lively, energetic, activity-filled
Dining	Fine dining, intimate settings	Wide variety, family-focused options
Pools	Peaceful pools and swim-up bars	Water parks, splash zones, family pools
Entertainment	Live music, cocktails, nightlife	Shows, games, kids' activities
Best For	Couples, honeymoons, anniversaries	Families, reunions, multi-generational trips

Which One Is Right for You?

If you're celebrating a honeymoon, anniversary, or simply want a peaceful escape, an adults-only resort is often the best choice. If you're traveling with children or want activities from sunrise to bedtime, a family-friendly resort offers something for everyone.

Aimee's Resort Tip: Don't assume every adults-only resort is quiet or every family resort is noisy. Some luxury family resorts have tranquil adults-only sections, while some adults-only properties are known for vibrant nightlife. The key is matching the resort to your vacation style.

Coming Up: Chapter 5 explores resort categories—from value properties to ultra-luxury escapes—and what you can expect at each level.