

The Complete All-Inclusive Resort Guide

Chapter 8: Food & Drinks

Dining is one of the highlights of an all-inclusive vacation. From casual beachside grills to elegant specialty restaurants, today's resorts offer a wide variety of cuisines and experiences designed to satisfy every taste.

Dining Option	What to Expect
Buffets	Wide selection of international dishes, fresh fruit, salads, desserts, and made-to-order stations.
À La Carte Restaurants	Table-service dining with themed menus such as Italian, Asian, French, Mexican, or steakhouse.
Beach & Pool Grills	Quick favorites like burgers, tacos, pizza, seafood, and tropical drinks.
Coffee Shops	Specialty coffees, pastries, sandwiches, and snacks throughout the day.
Room Service	Available at many resorts, with some offering 24-hour service.

Bars & Beverages

Most all-inclusive resorts include unlimited soft drinks, cocktails, beer, wine, and standard spirits. Some luxury resorts also include premium brands, while others offer them as an upgrade.

Helpful Dining Tips

- Make restaurant reservations early if required.
- Check dress codes for evening dining.
- Let the resort know about food allergies or dietary needs before you arrive.
- Don't be afraid to try local specialties—you may discover a new favorite!

Aimee's Resort Tip: Every resort has its standout restaurants. I love helping clients identify the hidden gems and must-try dining experiences before they travel.

Coming Up: Chapter 9 explores pools, beaches, entertainment, and activities that make an all-inclusive vacation unforgettable.